



CHANEL COLLEGE

news

30 April 2015

TERM 2 WEEK 2

ISSUE 48

"To act justly, to love tenderly and walk humbly with your God" Micah 6:8

From the Principal

Tomorrow, May 1, is the feast day of St Joseph the Worker. As a primary school student, I vividly remember celebrating this feast day, as my school was run by the Josephite Nuns, the order started by Mary MacKillop. The fact that I still remember this feast day means that it must have had a huge impact on me in the early years of my faith development.

There is very little known about the life of Joseph; however we can see from his actions in scripture that Joseph was a loving father and husband and wanted to protect Mary and Jesus and provide for them. He was a compassionate man who was obedient to the will of God.

Pope John Paul II described Saint Joseph as a man of great spirit. "He is great in faith, not only because he speaks his own words, but above all because he listens to the words of the Living God. He listens in silence. And his heart ceaselessly perseveres in the readiness to accept the Truth contained in the word of the Living God".

St Joseph was very much an ordinary man – a person that we can really relate to. Mary MacKillop had a passionate desire to respond to and reveal the Compassionate God who is present in the ordinariness of life and who reaches out to all people. On the Feast Day of St Joseph the Worker, are we prepared to accept God's outreach to us?

ANZAC Day

I would like to thank all students for their respectful participation in our ANZAC Liturgy last Friday. Thank you to our readers and to Mrs Sheather and the Choir for making our service so special. Thank you to Mr King for providing the technical support.

It was wonderful to see so many Chanel staff and students attend the various events on ANZAC Day. Congratulations to the choir who sang so beautifully at the Dawn Service. This was the largest audience that our choir has performed for and I am sure that it will be a special memory for them.

Parent-Teacher Interviews

It has been a busy week with Parent-Teacher Interviews being held on Tuesday and Wednesday nights. The two nights were well attended. These opportunities to conference about students are a very important part of the partnership between families and the staff of the College.

Year 7 2016 Information Evening

Year 7 for 2016 Information Evening is on **Tuesday 5 May**. Tours of the College will commence from 5.00 pm with the formal presentation commencing at 6.00 pm in the Marian Centre. This is an excellent opportunity to view our facilities and to meet our staff and students. First round applications close on **Friday 22 May 2015**.



Phone: 07 4973 4700

Fax: 07 4973 4799

E-mail: the.secretary@chanelcollege.qld.edu.au

website: www.chanelcollege.qld.edu.au

Student Absentee Hotline: 4973 4791

God bless

S. M. Nap

Sharon Volp



Good News

Kath Hore - Mission & RE Support Officer

Honouring the ANZAC Spirit ...

The College Choir, Student Leaders and several other Chanel students paid homage to those who have given their lives so that we may live in freedom. In actively participating in the Dawn and main Anzac Day Ceremonies, both in Gladstone and Boyne Island, they also acknowledged the many who have returned from wars and those currently fighting for or engaged in keeping the peace in the various trouble spots in our world. Many thanks to the students, and their parents, who represented Chanel on ANZAC Day.

Movers & Shakers

During the first week of the Easter Holidays, seven Year 11 students travelled to Toowoomba to attend 'Movers & Shakers' - a Christian Leadership Program. This program was immensely enjoyable and created memories that will be forever cherished. From group activities that required teamwork, bonding with new people, learning important leadership skills and having time for reflection, we are able to come back to Chanel and apply our new found knowledge to help improve the college and ourselves. A big thank you to Mrs Going who volunteered some of her holiday time to drive us safely to and from Toowoomba. We greatly encourage the students of Chanel to attend Movers & Shakers in the future, as it improves your leadership skills, your friendships and most importantly yourself.

Sophie Ovenden

Year 10 Retreat

Year 10 Students will be attending their Retreat at Tanyalla Conference Centre, Tannum Sands next week

Retreat 1 will be held from Monday 4 May to Tuesday 5 May.

Retreat 2 will be held from Wednesday 6 May to Thursday 7 May.

This retreat offers the opportunity to reflect and develop relationships with their peers, family, self and God.

Many thanks to the parents/carers who have offered to assist with the catering and if you have not received the roster by email please contact Mrs Hore.

Dates for Year 8 and 9 Retreats

Due to Cyclone Marcia both Year 8 and 9 Retreats have had to be rescheduled and they will now be held in Term 3 on the following dates:

Year 9 – Wednesday 19 August to Friday 21 August. One Retreat at PCYC Yeppoon.

Year 8 – Monday 24 August to Tuesday 25 August. One Retreat at The Caves, via Rockhampton.

Second Hand Uniform Outlet

We have in stock many junior uniforms, especially boy's shirts and shorts in bigger sizes, all in good condition for \$10 per item. The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during the first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Mrs Miles Year 11 R&E Class – Thursday 7 May

Mass is celebrated in the College Chapel at 10.40 am each Thursday. **ALL WELCOME**

Please Pray for ...

- People in our community who are unwell or recovering from illness
- Victims of the recent earthquake in Nepal and the people involved in the rescue effort
- The families of the people who were recently executed in Indonesia
- Peace and justice for all nations

Praise and Thanks for...

- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- The reflective and informative ANZAC services at Chanel in our local communities.
- stability and peace in our country
- celebrations enjoyed by Futuna House on their Feast Day

If you have any requests for either of the above prayers, please leave your request at the Office.

Counselling Services

P: 4973 4706 (Monday – Thursday)

Philomena Burke

E: Philomena_Burke@rok.catholic.edu.au

Building Your Child's Self-Esteem

Now that your sons and daughters have returned to school rested and re-energised let's work on helping them achieve their best while also being active participants in the school community. Young people who are involved with friends and are engaged in a variety of activities that they enjoy are likely to have a healthy self-esteem. They will be more likely to learn from setbacks and to be comfortable accepting constructive criticism.

As parents there are a number of things we can do to build self-esteem and resilience in our children.

- **De-emphasise grades:** As a family celebrate learning, participation and growth rather than the final mark. After the completion of a major project or a game of sport have a special meal or an outing with your child to celebrate. Do this *before* she/he receives a grade and feedback from the teacher. We want teenagers to enjoy the intrinsic satisfaction of a job well done rather than judging their success or self-worth on the final grade.
- **Set goals:** Help your child to plan his/her time and set short and medium term goals as assignments are handed out. Make sure the plan and goals are realistic. Use the acronym CULL to prioritise.
 - C= critical;
 - U= Urgent;
 - L= Later;
 - L= Leave it.
- Ensure also that there are goals for all aspects of his/her life – social, physical, spiritual as well as intellectual goals. After speaking to your child's teachers this might be a good time to look at the constructive feedback and plan for term 2.
- **Discuss your own mistakes:** Be prepared to verbalise when you make a mistake. Stress what you have learned and how you coped with your anxiety or disappointment. Laugh about it.
- **Time limits:** After checking with teachers set reasonable time limits around homework and study. Organise family events so that your child has other things to do. Encourage your child to sign up for cultural and sporting activities as well as the many opportunities to be involved in pastoral and environmental events at the College.
- **Relax:** Teach your child the value of relaxation and fun. Use music, exercise, deep breathing and sufficient sleep to help your child de-stress and cope better when the going gets tough. Plan activities where there is no winner – cycling, jigsaw puzzles, crafts...

"Letting Go of Perfect" (2009)
J. Adelson and H. Wilson.

“ Children and Teenagers Who Lack Self Confidence Limit their Learning Ability ”



sport news

Kylie Kickbusch
Sports Program Leader

CONFRATERNITY LEAGUE RAFFLE *KJP HAULAGE*

Congratulations to Kara Wicks who was the winner of the \$250 Caltex Fuel Card which was kindly donated by Kirk Porter of KJP Haulage. This donation was greatly appreciated and will help with the costs of the 2015 Campaign.



Tallis Stanhope

Tallis makes Capricornia Touch Football

Congratulations to Tallis Stanhope who was selected in the 15 Boys Capricornia Touch Football team. Tallis will travel down to Brisbane with the team in August to compete at the State Trials. This is a fantastic achievement for Tallis and we wish him all the best in the lead-up to the trials. Congratulations Tallis from the Chanel community.

Basketball Success

Over the Easter break 2 boys from Chanel, Mitchell Knight and Declan Kenny, were part of the Gladstone under 16 Basketball team who took part in the State Classics competition. Their team went through the week-long event undefeated and took home the Gold Medal. Fantastic achievement boys. Mitchell was also one of the highest scoring players of the tournament and was selected as a shadow player for the North Queensland team and selected in the Central QLD Emerging team to tour the US. Congratulations Mitch and to both boys on a very successful tournament.



Mitchell Knight

Declan Kenny

Interschool Competitions

The interschool competitions for Rugby League and Netball will both start next Wednesday afternoon at 4.00 pm. Rugby League is being held at the Briffney Creek and Marley Brown fields, whilst Netball will be held at the Gladstone Netball Courts. Students have nominated for these competitions in prior weeks and have been issued with permission slips. These permission slips need to be returned before Wednesday to play, no permission slip = no taking the field/court. Draws will be given to students next week and put up on the notice boards around the College

Worldwide Marriage Encounter

A weekend away for married couples in peaceful, picturesque surroundings – away from the distractions of everyday living. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! This is a unique opportunity to recharge your relationship batteries, refocus on each other and fall in love all over again!

Weekend date: 15 – 17 May 2015

Venue: Santa Teresa Spirituality Centre, Ormiston QLD (on Brisbane's bayside)

For bookings/details contact: Maria and David Murphy, Ph (07) 3342 1456, dandmmurphy@optusnet.com.au Information website: www.wwme.org.au

STUDENT ABSENTEE HOTLINE 4973 4791



Chanel College

presents...

Trivia Night

Saturday
30th May 2015 @ 7PM
in the Marian Centre, Chanel College

\$10 per person
or \$80 per table
(max 10 people &
min. 4 people) per TEAM

GREAT PRIZES!

Raffle: Signed Merchandise

All proceeds to the College
QISSN Netball Teams

Book: 4973 4700

Drinks available for purchase on the night

Who KNOWS?
You Might
Even Learn
SOMETHING!

CAN'T COME and WOULD LIKE to DONATE?

contact Lorraine Johnson: Lorraine_Johnson@rok.catholic.edu.au

Toby is going to Canada!



Year 12 Student Toby Guinea has recently been selected to go to Canada in May after his involvement in NYSF (National Youth Science Forum). Shown below is his recount of his experience so far.

Good luck Toby!

Mr Fisser (Curriculum Leader Science and Digital Technologies)



“In March, I was selected to attend the Canada Wide Science Fair (CWSF) in Fredericton, New Brunswick, in May this year. I was selected for this program through my involvement in the National Youth Science Forum earlier this year, and I am one of six Australians chosen to attend this event, and I am the only representative from Central Queensland. The CWSF is run every year, and brings together the most intelligent students from across Canada. Over 25,000 students each year create science fair projects, and the top 500 get to attend the CWSF, and compete for a large number of prizes. The role of the Australian delegation at the CWSF is to run a stall at the fair, telling the Canadian students about Australian Science, and Australia in general. We also interview a number of grade 10 students, and select 3 to come to Australia and attend the NYSF at the beginning of next year. I leave Australia to attend this event in just over a week. I'm getting very excited, and I'm looking forward to all the new experience that this trip has in store for me”.

Toby Guinea



Recycling News

The members of the Environment Committee are so proud to announce that recycling bins have arrived at Chanel. This week bins were put in the staffroom, the office and the print room whilst the student bins have been placed in Lavalla Court. The committee want to thank those students who have already got on board and approached this initiative with enthusiasm. We have already recycled so much and we are only half way through the week!! Remember all your lolly wrappers, paper, cans, cartons, plastics and glass can go in the bins as long as they are clean with no food or liquid in them. We really appreciate your support in helping to keep the school clean. The Environment Committee meets in SM203 on Tuesdays when the play bell goes. Meetings will resume next week as normal. Please come along; we always welcome new members with fresh ideas.



from the

Mathematics Learning Area

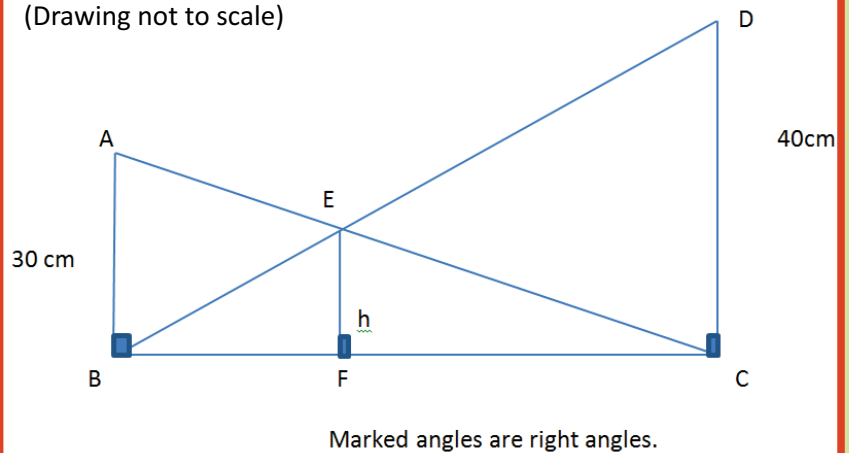
Linda Rippingale
Mathematics Curriculum Leader

A Mathematics Problem for the Week

Be the first person to bring a full solution to me. (Designed for Senior School students but Middle School students are invited to do it as well.)

Find the length h (EF)
(2 decimal places)
Show all working

(Drawing not to scale)



Senior Play

In Week 7 the Senior Play "The Importance of Being Earnest" will be presented. We are seeking your support with the following.

Working Bee

The Senior Play needs help with a few things... painting and building sets, managing props, sewing and fitting costumes, adorning hats etc. All help would be appreciated and no experience needed. **Starts at 9:00 am on Saturday 9 May.** All help is appreciated. If possible please contact Mrs Sophie Kenny to confirm your attendance.

Props and Costumes:

If you are having a spring clean we would love the following items for the Costume Cupboard or on loan for our show:

Props:

- Parasol
- Feather duster
- Wrought iron garden setting
- Flowers/ pot plants /
- Old style world globe

Ladies:

- Blouses with no collar or a Chinese collar or puffy sleeves
- Shawls
- Hats (wide brimmed) and feathers flowers etc. for decorating maids caps
- White aprons
- Full or a floor line length skirts
- Gloves
- Hand fans
- Pouch handbags

Men's:

- Vests
- Suits
- Suit jackets/ dinner jackets/ tails
- Overcoats
- Cravats & pocket handkerchiefs
- Black gloves
- Shirts: tuxedo shirts/ Chinese collar/ business shirts

Please note that whilst we will take great care of loaned items, accidents do happen, so please do not lend us anything irreplaceable.

Notices

ATTENTION PARENTS

School Fees were issued today. Due Date is 29 May 2015. Please contact the finance office if you do not received your statement or you are having any difficulties in paying your account. PLEASE USE YOUR NUMERIC CODE WHEN MAKING DEPOSITS TO YOUR ACCOUNT.

Finance Officer: Leigh Clarke
Phone: 4973 4711
Email: finance@chanelcollege.qld.edu.au

IMMUNISATION NEWS

Year 10 Immunisations will be held on the 6 May. Those students on retreat on that day will receive theirs at the catch-up clinic on the 27 May. Forms should have been returned by Thursday 2 April.



Chanel College is calling for persons to act as Community Representatives to assist with the administration of the 2015 Queensland Core Skills (QCS) Test. This year the test will be held on **Tuesday 1 September and Wednesday 2 September**. These are paid positions. If you are interested in finding out more about this opportunity please contact the Chanel College Office for more information by **Friday 1 May**.

STUDENT ACCESS CENTRE

Do you need help with Assignments? Homework? Careers?

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd 4973 4739

Career Officer: Ms Cale on 4973 4738

upcoming events

Week 3

Mon 4 May

- Year 10 Retreat

Tue 5 May

- Year 10 Retreat
- Yr 7 for 2016 Information Evening 5.00 pm

Wed 6 May

- Year 10 Retreat
- Year 11 ACTS
- Year 10 Immunisations
- Chanel Board Meeting 5.30 pm

Thur 7 May

- Year 10 Retreat
- Year 11 ACTS

Fri 8 May

- Year 11 ACTS

Week 4

Mon 11 May

- Year 11 Biology Field Day

Tue 12 May

- Year 7 & 9 NAPLAN Test

Wed 13 May

- Year 7 & 9 NAPLAN Test

Thur 14 May

- Year 7 & 9 NAPLAN Test

Fri 15 May

- Student Representative Meeting - First Break
- Chanel's Got Talent - Heat 1

Week 5

Mon 18 May

- Chanel's Got Talent - Heat 2

Tue 19 May

- Chanel's Got Talent - Heat 3

Wed 20 May

- CHANEL DAY
- Chanel's Got Talent - FINALE

Bus Fare Assistance

- Does your child attend a **school outside the Brisbane City Council** boundary?
- Does your family spend more than **\$25/week*** on fares to and from school (* \$20/week if you hold a concession card)?
- Does your child travel on a **publicly available bus** not owned or associated with the school?

STUDENT TRAVEL REBATES Semester 1, 2015

Visit our website to see if you qualify for financial assistance to help with the cost of transport and **apply at** www.schooltransport.com.au **by 31 May 2015.** Late applications cannot be accepted.

Students with Disabilities

- Does your child have a **verified disability** that requires **transport assistance** to and from school?
- Has your school's learning support teacher assessed your child's **travel capability rating** as 'semi-independent' or more dependent?

